

THE HAIRDO/ THE RACHEL

f there is one hairdo that coined a whole generation, it's The Rachel. Named after Rachel Green, Jennifer Aniston's character on the US hit sitcom Friends, The Rachel is a layered shoulderlength cut with blonde highlights and lots of volume. She wore this hairstyle during the first and second season and it caused a craze. Millions of female fans of the show showed up at their hairdresser with a picture of Aniston's haircut (which, by the way, she called the "ugliest haircut [she's] ever seen" in an interview) requesting to have that exact same cut. Rumour says that her hairstylist was stoned when he gave her the cut, not knowing that it would be a huge success. But it's no surprise, since we have always been drawn to celebrities for styling inspiration, especially in the '90s, when there were no social media sites to quickly get a styling epiphany. But there were other trendy hairstyles too. For the guys, a popular way to style hair was to treat it with a massive dose of hair gel, such as Justin Timberlake's hairdo in his 'N Sync phase. And a hairstyle primarily worn by female techno fans consisted of the hair put into a bunch of little buns all over the head. Still, popularity-wise neither of them was able to $\,$ keep up with The Rachel.

 $[{\it Photo: Jennifer\ Aniston\ as\ Rachel\ Green\ in\ `Friends'/\ Getty}]$